The Skills

Creating Phenomenal Futures

Dreaming BIG, Employability and Character, Comfort Zones, Resilience

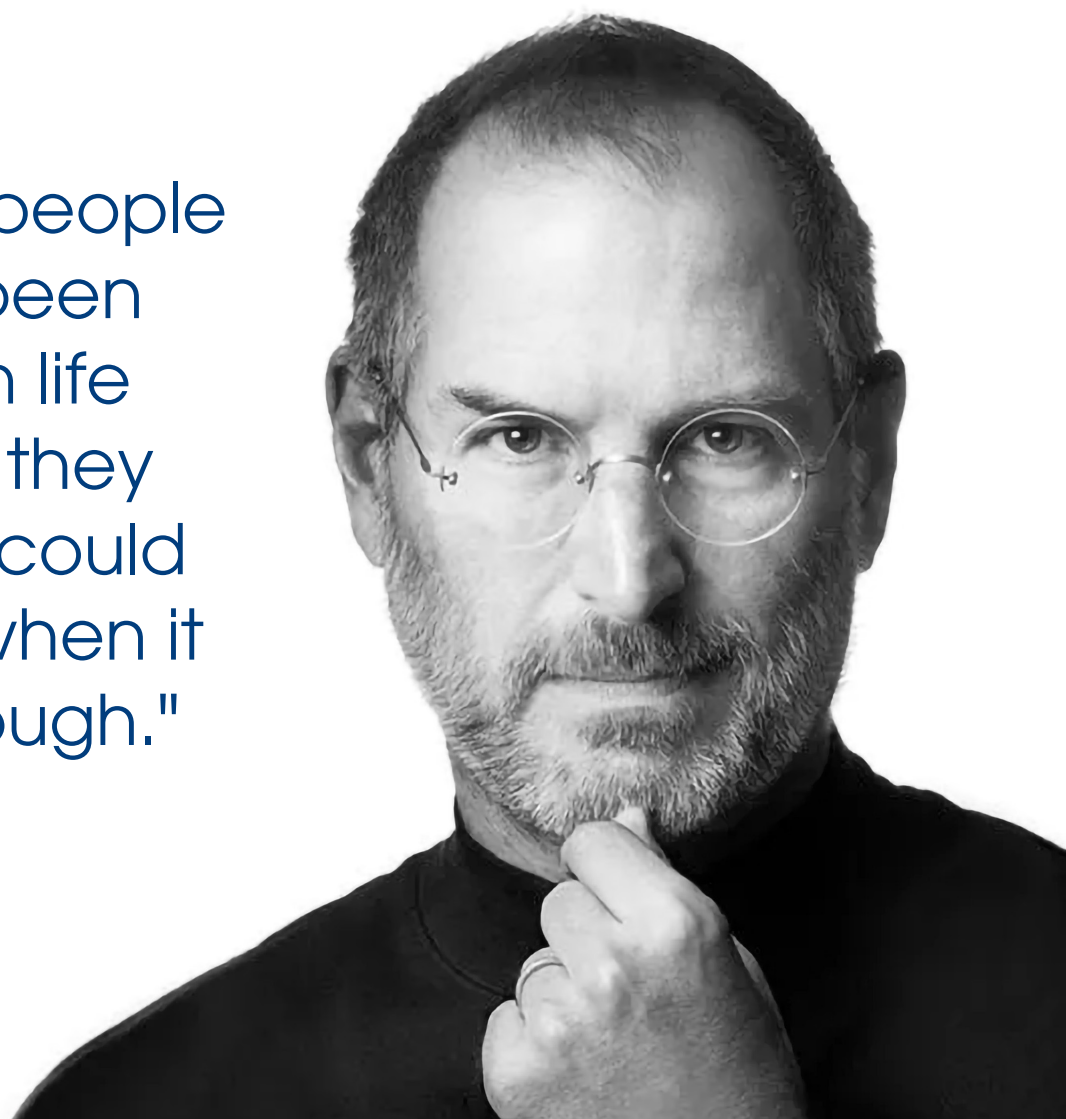
Dare to Dream

Delivered by Love Local Jobs Foundation

Year 9
Mentoring booklet

Name:

"Often, the people who have been successful in life loved what they did so they could persevere when it got really tough."



What have you been working on?


CBS
CBS PRESENTS
EMMYS
"Step out of your
comfort zone.
Who cares if you
get embarrassed?
Anything can
be possible."

What stops you from leaving your Comfort Zone?

Wanting to fit in

Comfort and routine

Lack of self-confidence

Bullies

Social media

Friendship circle

Other people's opinions

Fear of failing

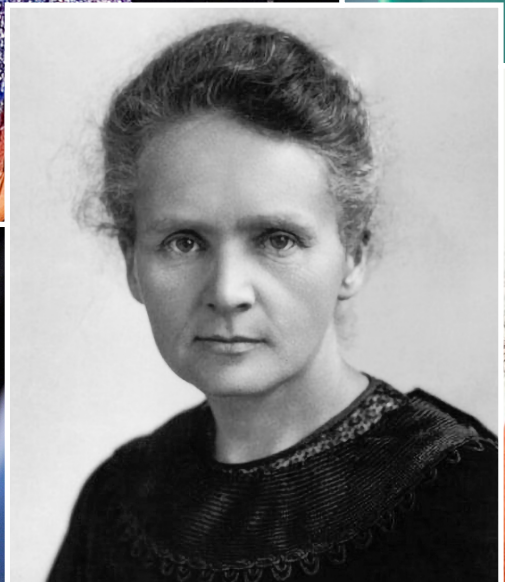
Circle your answers






rip curl







Why do you sometimes struggle to be resilient?



Keep moving forward

What do you think being resilient really means?



Love what you do

What could you say to yourself next time you need to show resilience?



Surround yourself with positive people

How can you work on being more resilient?



Believe good times are coming

How can other people help you be resilient?



Dig deep and work hard

Ten things employers are looking for

Authenticity

Teamwork

Critical thinking

Leadership

Adaptability



Organisational skills

Communication

Agency

Open-mindedness

Strong work ethic

What are your strengths?

Circle your answers

How could you turn your passions and interests into a job you love?

Dare to Dream | The Skills

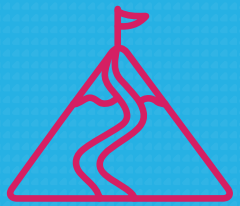
Where you want to be vs.
what you need to get there



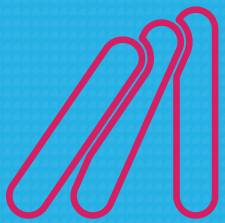
Dreaming BIG



Employability & Character



Comfort Zones



Resilience

Three interests and three jobs...

Think of three interests and write down three jobs that could connect to each interest.

Example: Reading → 1 Writer | 2 Publisher | 3 Literary Agent

Interest	Jobs		
1 ..... →	1	2	3 .....
2 ..... →	1	2	3 .....
3 ..... →	1	2	3 .....

→ Ask others, do some research and bring your ideas to the next session.

Next steps

Dare to Dream

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